



Boxing Day

Boxing day is the day after Christmas and it is a Bank holiday in Britain, Australia, New Zealand, Canada and the United States. The name “Boxing Day” originated from the tradition, started by the Romans, of opening the church alms boxes and giving the contents to the poor.

In 19th century England, it was a custom to give boxes filled with food or money or both to family, servants and suppliers on 26th December. Long before then, it was common to give food, money or clothing to poor people on Boxing Day or St. Stephen’s Day as it was then called.

Today families usually spend the day at home relaxing or at gatherings with friends.

